


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

 <p>Mother's Day</p>	<p>*9:00 am Hand Massages 9:20 am Coffee Chat/May Day Trivia 10:30 am Wii Bowling *10:30 am Brain Work *12:45 pm Ring Toss 1:15 pm Nickel Bingo *1:45 pm Bingo 2:30 pm Nickel Bingo *2:30 pm Outdoor Walk 3:45 pm <u>Resident Council</u> <small>May Day</small></p>	<p>*9:00 am Hand Massages 9:00 am Coffee Chat *10:15 am Puzzles 10:15 am Putting Green *12:45 pm Golden Girls 1:15 pm Nickel Bingo *2:15 pm Chicken Soup for the Soul 2:30 pm Nickel Bingo *3:00 pm Outdoor/Indoor Walk *3:30 pm Sing-a-long 3:45 pm Dominoes</p>	<p>*9:00 am Price is Right/Country Ride 9:20 am Coffee Chat 10:15 am 99 CENT STORE 10:30 am Corn Hole *10:25 am Brain Work *12:45 pm Balloon Volleyball 1:15 pm Nickel Bingo *1:45 pm Memory Game 2:30 pm Nickel Bingo *2:45 pm Indoor/Outdoor Walk</p>	<p>BIRD DAY *9:00 am Hand Massages 9:15 am Basketball 10:15 am Puzzles 10:30 am Bible Study w/Sheila *12:45 pm Balloon Volleyball 1:00 pm Nickel Bingo *1:45 pm Puzzles 2:15 pm Nickel Bingo *2:30 pm Indoor/Outdoor Walk 3:20 pm Pretty Nails 3:30 pm Dominoes</p>	<p>*9:00 am Praise & Joy Sing-along 9:20 am Coffee Chat/Cinco de Mayo Trivia 10:30 am Putting Green *10:30 am Brain Power 11:30 am <u>CINCO DE MAYO LUNCH PARTY w/Mexican Music</u> *12:45 pm Tic Tac Toe 1:15 pm Nickel Bingo *1:45 pm Puzzles 2:30 pm Nickel Bingo *2:45 pm Indoor/Outdoor Walk 3:45 pm Dominoes <small>Cinco de Mayo</small></p>	<p>KENTUCKY DERBY DAY *9:00 am Daily Chronicle 9:30 am Coffee Chat/Kentucky Derby Trivia *9:30 am Sitting Yoga 10:00 am Sitting Aerobics *10:20 am Easy Does it Trivia *12:20 pm Outdoor/Indoor Walk 1:15 pm Nickel Bingo *1:45 pm I Love Lucy 2:30 pm Nickel Bingo 3:45 pm Balloon Volleyball *3:57 pm Kentucky Derby on NBC</p>
<p>*9:00 am Church Services 9:30 am Coffee Chat 10:00 am Sitting Aerobics *10:20 am Basketball 10:50 am Hangman *12:20 pm Outdoor Walk *1:00 pm Mental Stimulation 1:15 pm Nickel Bingo *1:45 pm Color Creations *2:30 pm Puzzles 2:30 pm Nickel Bingo</p>	<p>NAT COCONUT CRÈME PIE DAY *9:00 am Hand Massages 9:20 am Coffee Chat *9:30 am Virtual Reality 10:05 am Virtual Reality *10:15 am Sitting Aerobics 11:00 am Paparazzi 12:45 pm Nickel Bingo *1:45 pm Name Game 2:00 pm Nickel Bingo *2:30 pm Outdoor/Indoor Walk 3:15 pm KENDALL</p>	<p>*9:00 am Hand Massages 9:00 am Coffee Chat 10:30 am Putting Green *10:30 am Puzzles *12:45 pm Mental Stimulation 12:45 pm Nickel Bingo *1:45 pm Balloon Volleyball 2:00 pm Nickel Bingo *2:45 pm Nail Care 3:15 pm SWEET G'S 3:30 pm Dominoes</p>	<p>CLEAN UP YOUR ROOM DAY *9:00 am Price is Right/ Country Ride 9:20 am Coffee Chat *10:00 am Brain Work 10:30 am Memory Game 11:00 am CATHOLIC MASS 11:45 am BJ'S *12:45 pm Balloon Volleyball 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo *2:30 pm Outdoor/Indoor Walk *3:30 pm Chicken Soup for the soul 3:45 pm Dominoes</p>	<p>EAT WHAT YOU WANT DAY *9:00 am Hand Massages 9:15 am Corn Hole *10:15 am Bingo 10:30 am Exercise w/Khalida 10:30 am Bible Study w/Sheila *12:45 pm Bowling 1:00 pm Nickel Bingo 2:15 pm Nickel Bingo *2:45 pm Mental Stimulation 3:20 pm Pretty Nails 3:30 pm Dominoes</p>	<p>*9:00 am Praise & Joy Sing-along 9:20 am Coffee Chat 10:30 am Wii Bowling *10:30 am Brain Work *12:45 pm Ozzie & Harriet 1:15 pm Nickle Bingo *1:45 pm Puzzles 2:30 pm Nickel Bingo *2:45 pm Indoor/Outdoor Walk *3:15 pm Chicken Soup for the Soul 3:45 pm Dominoes</p>	<p>*9:00 am Daily Chronicle 9:30 am Coffee Chat 10:00 am Sitting Yoga *10:20 pm Trivia/Reminisce *12:20 pm Outdoor Walk 1:15 pm Nickel Bingo *1:00 pm Sitting Yoga *2:00 pm Memory Game 2:30 pm Nickel Bingo *2:30 pm Color Creations *3:30 pm Beverly Hillbillies 3:45 pm Balloon Volleyball</p>
<p>9:30 am Coffee Chat/Mother's Day Trivia 10:00 am Sitting Aerobics *10:00 am Pet Therapy w/Kim *10:20 am Trivia/Reminisce 10:50 am May Trivia *12:20 pm Outdoor/Indoor Walk 12:45 pm Nickel Bingo *2:00 pm Peg Stacker Game 2:00 pm Nickel Bingo 3:15 pm New Hope Christian Fellowship Church *3:30 pm Balloon Volleyball <small>Mother's Day National Skilled Nursing Week</small></p>	<p>NAT CHOCOLATE CHIP DAY *9:00 am Hand Massages 9:20 am Coffee Chat *10:00 am Price is Right 10:30 am Wii Bowling *12:45 pm Sitting Aerobics 1:15 pm Nickel Bingo *1:45 pm Name Game 2:30 pm Nickel Bingo 2:30 pm Outdoor Walk *3:15 pm BIRTHDAY PARTY w/ KENDALL</p>	<p>WEAR PURPLE FOR PEACE DAY *9:00 am Hand Massages 9:00 am Coffee Chat *10:20 am Mental Stimulation 10:30 am Townhall w/Richie *12:45 pm Balloon Volleyball 1:15 pm Nickel Bingo *2:00 pm Chicken Soup for the soul 2:30 pm Nickel Bingo *2:45 pm Outdoor/Indoor Walk *3:30 pm Puzzles 3:45 pm Dominoes</p>	<p>*9:00 am Sing-a-long/ Country Ride 9:20 am Coffee Chat *9:30 am Brain Work 10:15 am WALMART 10:30 am Corn Hole *10:30 am Puzzles *12:45 pm Balloon Volleyball 1:15 pm Nickle Bingo *2:30 pm Outdoor/Indoor Walk 2:30 pm Nickle Bingo 2:30 pm <u>Meditation/Gardening w/Management in MC</u></p>	<p>*9:00 am Hand Massages 9:15 am Catholic Communion 9:30 am Exercise w/ Khalida *10:15 am Easy-Does-it-Trivia 10:30 am Ring Toss 10:30 am Bible Study w/Sheila *12:45 pm Balloon Volleyball 1:00 pm Nickle Bingo *1:45 pm Color Creations 2:00 pm Nickel Bingo *3:00 pm Puzzles 3:20 pm Pretty Nails 3:30 pm Dominoes</p>	<p>*9:00 am Praise & Joy Sing-along 9:20 am Coffee Chat *10:00 am Nail Care 10:00 am Card making w/Tara *12:45 pm Balloon Volleyball 1:15 pm Nickel Bingo *1:45 pm Memory Game 2:30 pm Nickel Bingo *2:45 pm Indoor/Outdoor Walk *3:15 pm Mental Stimulation 3:45 pm Dominoes</p>	<p>NAT QUICHE LORRAINE DAY *9:00 am Daily Chronicle 9:30 am Coffee Chat/Family Feud 10:00 am Sitting Aerobics *10:00 pm Garden Club *10:20 pm Easy-Does-it-Trivia *12:20 pm Outdoor Walk 12:45 pm Nickel Bingo *1:30 pm Sitting Yoga 2:00 pm Nickel Bingo *2:30 pm Movie 3:15 pm DJ NOEL <small>Armed Forces Day</small></p>
<p>*9:00 am Church Services 9:30 am Coffee Chat 10:00 am Sitting Aerobics *10:20 am Mental Stimulation 10:50 am Word Mining *12:20 pm Outdoor/Indoor Walk 1:15 pm Nickel Bingo *2:00 pm Color Creations 2:30 pm Nickel Bingo *2:45 pm Puzzles *3:45 pm Balloon Volleyball</p>	<p>9:00 am PS Walking Club *9:00 am Hand Massages 9:20 am Coffee Chat 10:15 am Wii Bowling *10:00 am Price Is Right *12:45 pm Ring Toss 1:15 pm Nickel Bingo *1:45 pm Outdoor/Indoor Walk 2:30 pm Nickel Bingo *2:45 pm Puzzles 3:45 pm Dominoes <small>Victoria Day (Canada)</small></p>	<p>WORLD TURTLE DAY *9:00 am Hand Massages 9:00 am Coffee Chat *10:00 am Price is Right 10:00 am LAPS *10:30 am Brain Work *12:45 pm Mental Stimulation 12:45 pm Nickel Bingo *1:45 pm Balloon Volleyball 2:00 pm Nickel Bingo *2:30 pm Color Creations 3:15 pm BIRTHDAY PARTY SWEET G'S</p>	<p>*9:00 am Sing-a-long/ Country Ride 9:20 am Coffee Chat *9:30 am Brain Work 10:30 am Corn Hole *10:15 am Bingo 11:00 am WAH SING MONGOLIAN BBQ *12:45 pm Balloon Volleyball 1:15 pm Nickel Bingo *1:45 pm Memory Game 2:30 pm Nickel Bingo 3:45 pm Dominoes</p>	<p>*9:00 am Hand Massages 9:15 am Catholic Communion 9:45 am Senior Zomba w/Lauren C *10:15 am Brain Work 10:30 am Bible Study w/Sheila *12:45 pm Golden Girls 1:00 pm <u>Caymus Suisun Winery</u> 1:00 pm Nickle Bingo *1:45 pm Peg Stacker Game 2:15 pm Nickel Bingo *2:30 pm Outdoor Walk 3:20 pm Pretty Nails 3:30 pm Dominoes <small>Movie Begins</small></p>	<p>*9:00 am Praise & Joy Sing-along 9:20 am Coffee Chat *10:00 am Brain Work 10:15 am Names and Places *11:30 am <u>Pizza Party</u> *12:45 pm Bonanza 1:15 pm Nickle Bingo *1:45 pm Memory Game 2:30 pm Nickel Bingo *2:45 pm Indoor/Outdoor Walk *3:30 pm Golden Girls 3:45 pm Dominoes</p>	<p>SUNSCREEN DAY *9:00 am Daily Chronicle 9:30 am Coffee Chat/Family Feud 10:00 am Sitting Yoga *10:20 pm Trivia/Reminisce *12:20 pm Outdoor Walk 1:15 pm Nickel Bingo *1:30 pm Sitting Yoga 2:30 pm Nickel Bingo *2:30 pm Color Creations *3:30 pm Beverly Hillbillies 3:45 pm Balloon Volleyball</p>
<p>*9:00 am Church Services 9:30 am Coffee Chat *10:20 am Basketball 10:50 am Missing Vowels: Flowers *12:20 pm Outdoor Walk 12:45 pm Nickel Bingo *1:00 pm Nail Care 2:00 pm Nickel Bingo *2:45 pm Peg Stacker Game 3:15 pm <u>Spiritual Music w/Suzanne</u></p>	<p>*9:00 am Hand Massages 9:20 am Coffee chat 10:30 am Wii Bowling *10:30 am Brain Work *12:45 pm Ring Toss 1:15 pm Nickel Bingo *1:45 pm Bingo 2:30 pm Nickel Bingo *2:30 pm Outdoor Walk *3:00 pm Memory Game 3:45 pm Dominoes <small>Memorial Day</small></p>	<p>*9:00 am Hand Massages 9:00 am Coffee Chat *10:15 am Puzzles 10:15 am Putting Green *12:45 pm Golden Girls 1:15 pm Nickel Bingo *2:15 pm Chicken Soup for the soul 2:30 pm Nickel Bingo *3:00 pm Outdoor/Indoor Walk *3:30 pm Sing-a-long 3:45 pm Dominoes</p>	<p>WATER A FLOWER DAY *9:00 am Sing-a-long 9:20 am Coffee Chat 10:00 am CASH CREEK CASINO 10:30 am Corn Hole *10:25 am Brain Work *12:45 pm Balloon Volleyball 12:45 pm Nickel Bingo *1:45 pm Memory Game 2:00 pm Nickel Bingo *2:45 pm Indoor/Outdoor Walk 3:15 pm ALVIN</p>	<p>TBD: Balance in-service/BP screening w/ONR</p> <h1 style="text-align: center;">May 2023</h1> <h2 style="text-align: center;">PARAMOUNT HOUSE SENIOR LIVING</h2>		