

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2021

PARAMOUNT HOUSE SENIOR LIVING

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| <p>HAPPY 4TH OF JULY!</p> <p>9:00 am Church Services 9:30 am Coffee Chat 10:00 am Church Services 10:20 am Haley's Choice 10:45 am Hangman 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 1:30 pm Color Creations 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:45 pm Balloon Volleyball</p> | <p>9:00 am PS Walking Club 9:20 am Coffee Chat 9:30 am Memory Game 10:20 am Outdoor Walk 10:45 am Wii Bowling 11:00 am Picture Binder 12:45 pm Ring Toss 1:15 pm Nickel Bingo 2:00 pm Mike's Choice 2:30 pm Nickel Bingo 2:45 pm Brain Work 3:30 pm Basketball 3:45 pm Balloon Volleyball</p> | <p>NAT FRIED CHICKEN</p> <p>9:00 am Sitting Yoga 9:00 am Coffee Chat 9:35 am Easy-does-it-trivia 10:00 am Outdoor Walk 10:00 am Exercise w/Katarina 10:30 am Sing-a-long 10:45 am Corn Hole 12:45 pm Nickel Bingo 12:45 pm Ring Toss 2:00 pm Nickel Bingo 2:00 pm Memory Game 3:15 pm MUSIC W/ ALVIN</p> | <p>9:00 am COUNTRY RIDE 9:20 am Coffee Chat 9:30 am Brain Work 10:20 am Outdoor Walk 10:15 am 99 CENT STORE 12:45 pm Chicken Soup for the Soul 1:15 pm Nickel Bingo 1:45 pm Parachute 2:30 pm Nickel Bingo 2:30 pm Mike's Choice 3:00 pm Fancy Glamour Shots Photo booth 3:35 pm Dominos</p> | <p>HERSHEY KISS' DAY</p> <p>9:00 am Sing-a-Long 9:30 am Sitting Aerobics 9:35 am Exercise w/ Mike 10:15 am Memory Game 10:45 am Ring Toss 12:45 am Picture Binder 1:00 pm Nickel Bingo 1:45 pm Balloon Volleyball 2:15 pm Nickel Bingo 3:15 pm Nails w/Alida 3:30 pm Family Feud 4:00 pm Bible Study w/Sheila</p> | <p>NAT BLUEBERRY DAY</p> <p>9:00 am Sing-a-long 9:35 am Exercise w/ Mike 10:15 am Catholic Mass 10:20 am Color Creations 12:45 pm Balloon Volleyball 1:00 pm Nickel Bingo 2:15 pm Nickel Bingo 2:30 pm Painting 3:15 pm Nails w/Alida 3:30 pm Memory Game 4:00 pm Bible Study w/Sheila</p> | <p>NAT SUGAR COOKIE DAY</p> <p>9:00 am Praise & Joy Sing-a-Long 9:20 am Coffee Chat 9:30 am Bingo 10:30 am Outdoor Walk 10:45 am Mind Joggers 11:00 am One-to-Ones 12:45 pm Puzzles 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Brain Power 3:30 pm HAPPY HOUR</p> |
| <p>CHEER UP THE LONELY DAY</p> <p>9:00 am Church Services 9:30 am Coffee Chat 10:00 am Church Services 10:20 am Outdoor Walk 10:45 am July Trivia 12:20 pm Easy-Does-it-Trivia 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Sing-a-long 3:30 pm Bowling 3:45 pm Balloon Volleyball</p> | <p>9:00 am PS Walking Club 9:20 am Coffee Chat 9:30 am Puzzles 10:00 am Virtual Reality 10:20 am Outdoor Walk 10:45 am Wii Bowling 12:45 pm Chicken Soup for the Soul 1:15 pm Nickel Bingo 1:30 pm Bingo 2:30 pm Nickel Bingo 2:45 pm Mental Stimulation 3:30 pm Ring Toss 3:45 pm Balloon Volleyball</p> | <p>9:00 am Hand Massages 9:00 am Coffee Chat 9:35 am Outdoor Walk 10:00 am Sitting Aerobics 10:30 am Putting Green 12:45 pm I Love Lucy 1:15 pm Nickel Bingo 1:45 pm Balloon Volleyball 2:30 pm Nickel Bingo 2:30 pm Mental Stimulation 3:30 pm Puzzles 3:45 pm Balloon Volleyball</p> | <p>MACARONI DAY</p> <p>9:00 am COUNTRY RIDE 9:20 am Coffee Chat 9:30 am Brain Work 10:20 am Outdoor Walk 10:40 am FUDDRUCKER'S 12:45 pm Peg Stacker Game 1:15 pm Nickel Bingo 1:45 pm Parachute 2:30 pm Nickel Bingo 2:30 pm Chicken Soup for the Soul 3:35 pm Dominos 3:45 pm Balloon Volleyball</p> | <p>9:30 am Sitting Aerobics 9:35 am Exercise w/ Kathy 10:00 am LAPS (pet therapy) 10:45 am Mind Joggers 12:45 pm Sing-a-Long 1:00 pm Nickel Bingo 1:30 pm Balloon Volleyball 2:15 pm Nickel Bingo 2:45 pm Beverly Hillbillies 3:15 pm Nails w/Alida 3:30 pm Basketball 4:00 pm Bible Study w/Sheila</p> | <p>9:00 am Praise & Joy Sing-a-Long 9:20 am Coffee Chat 9:30 am Bingo 10:30 am Outdoor Walk 10:45 am Mind Joggers 12:45 pm Puzzles 12:45 pm Nickel Bingo 1:45 pm Hand Massages 2:00 pm Nickel Bingo 3:00 pm CARNIVAL HAPPY HOUR w/DJ NOEL</p> | <p>9:00 am Arm Chair Travel 9:30 am Coffee Chat 10:00 am Sitting Yoga 10:15 am Sitting Aerobics 10:20 am Outdoor Walk 12:20 pm Haley's Choice 1:15 pm Nickel Bingo 1:30 pm Parachute 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:30 pm Color Creations 3:45 pm Balloon Volleyball</p> |
| <p>9:00 am Church Services 9:30 am Coffee Chat 10:00 am Church Services 10:20 am Outdoor Walk 10:50 am Alzheimer's Hangman 12:20 pm Basketball 1:15 pm Nickel Bingo 1:30 pm Golden Girls 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:30 pm Memory Game 3:45 pm Balloon Volleyball</p> | <p>9:00 am PS Walking Club 9:00 am Hand Massages 9:20 am Coffee chat/Carnival Trivia 9:45 am Outdoor Walk 10:20 am Brain Work 10:30 am Memory Games 10:45 am Wii Bowling 12:45 pm Chicken Soup for the Soul 12:45 pm Nickel Bingo 2:00 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:45 pm Balloon Volleyball</p> | <p>NAT LOLLIPOP DAY</p> <p>9:00 am Hand Massages 9:00 am Coffee Chat 9:35 am Outdoor Walk 9:45 am Exercise w/ Mike 10:30 am Basketball 10:45 am Townhall w/Richie 12:45 pm Chicken Soup for the Soul 1:15 pm Nickel Bingo 1:45 pm Brain Power 2:30 pm Nickel Bingo 2:30 pm Balloon Volleyball 3:35 pm Dominos</p> | <p>9:00 am COUNTRY RIDE 9:20 am Coffee Chat 9:30 am Outdoor Walk 10:00 am SAVERS 10:15 am Basketball 10:30 am Corn Hole 1:15 pm Nickel Bingo 1:45 pm Mental Stimulation 2:30 pm Nickel Bingo 2:30 pm Katarina's Choice 3:30 pm BirthDay Party w/ALVIN</p> | <p>9:00 am Hand Massages 9:30 am Sitting Aerobics 9:35 am Exercise w/ Kathy/Katarina 10:15 am Memory Game 10:45 am Putting Green 12:45 am Sing-a-long 1:00 pm Nickel Bingo 1:45 pm Color Creations 2:15 pm Nickel Bingo 2:45 pm Puzzles 3:15 pm Nails w/Alida 3:30 pm Balloon Volleyball 4:00 pm Bible Study w/Sheila</p> | <p>9:00 am Praise & Joy Sing-a-Long 9:20 am Coffee Chat 9:30 am Bingo 10:00 am Sitting Whoga 10:30 am Outdoor Walk 10:45 am Mind Joggers 11:00 am One-to-Ones 12:45 pm Color Creations 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Brain Work 3:30 pm Balloon Volleyball 3:45 pm HAPPY HOUR</p> | <p>COUSINS DAY</p> <p>9:00 am Sing-a-long 9:30 am Coffee Chat 10:15 am Sitting Aerobics 10:20 am Outdoor Walk 12:20 pm Ring Toss 1:15 pm Nickel Bingo 2:30 pm Nature Video 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:30 pm Pretty Nails 3:45 pm Balloon Volleyball</p> |
| <p>9:00 am Church Services 9:30 am Coffee Chat 10:00 am Church Services 10:20 am Outdoor Walk 12:20 pm Haley's Choice 1:15 pm Nickel Bingo 2:00 pm Color Creations 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:30 pm Sing-a-long 3:45 pm Balloon Volleyball</p> | <p>9:00 am PS Walking Club 9:00 am Color Creations 9:20 am Coffee Chat 10:00 am Virtual Reality 10:20 am Outdoor Walk 10:30 am Making Dog Biscuits 12:45 pm Sing-a-Long 1:15 pm Nickel Bingo 1:45 pm Peg Stacker Game 2:30 pm Nickel Bingo 2:45 pm Brain Power 3:30 pm Sing-a-Long 3:35 pm Dominos</p> | <p>HULA HOOP DAY</p> <p>9:00 am Sing-a-Long 9:00 am Coffee Chat 9:35 am Exercise w/Katarina 10:15 am Hand Massages 10:30 am Pretty Nails 10:30 am Corn Hole 1:15 pm Nickel Bingo 1:45 pm Easy Does It Trivia 2:30 pm Nickel Bingo 2:30 pm Tic-Tac-Toe 3:15 pm OVERSTREETS</p> | <p>9:00 am COUNTRY RIDE 9:00 am Hand Massages 9:20 am Coffee Chat 9:30 am Outdoor Walk 10:20 am Mental Stimulation 10:50 am PELAYO'S 12:45 pm Nickel Bingo 12:45 pm Bingo 1:45 pm Mental Stimulation 2:00 pm Nickel Bingo 2:30 pm Balloon Volleyball 3:30 pm Visit SPCA</p> | <p>9:00 am Sing-a-Long 9:30 am Sitting Aerobics 9:35 am Exercise w/ Kathy & Mike 10:15 am Memory Game 10:45 am Ring Toss 12:45 am Picture Binder 1:00 pm Nickel Bingo 1:45 pm Picture Binder 2:15 pm Nickel Bingo 3:15 pm Nails w/Alida 3:15 pm COWBOY DENNY 4:00 pm Bible Study w/Sheila</p> | <p>9:00 am Praise & Joy Sing-a-Long 9:20 am Nickel Bingo 9:30 am Reminiscence 10:20 am Outdoor Walk 10:30 am Fall Prevention & Balance Talk w/Kindred 12:30 pm Nickel Bingo 12:45 pm Color Creations 2:00 pm CARNIVAL</p> | <p>9:00 am Sing-a-long 9:30 am Coffee Chat 10:15 am Sitting Aerobics 10:20 am Outdoor Walk 12:20 pm Ring Toss 12:30 pm Nickel Bingo 2:30 pm Memory Game 1:45 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:30 pm Puzzles 3:45 pm Balloon Volleyball</p> |

ACTIVITIES SUBJECT TO CHANGE