

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

PARAMOUNT HOUSE SENIOR LIVING

<p>WORLD LAUGHTER DAY 2</p> <p>9:00 am Church Services 9:30 am Coffee Chat 10:00 am Church Services 10:20 am Haley's Choice 10:45 am Putting Green training 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:45 pm Balloon Volleyball</p>						<p>9:00 am PS Walking Club 9:20 am Coffee Chat 9:30 am Memory Game 10:20 am Brain Work 10:45 am Wii Bowling 12:45 pm I Love Lucy 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Outdoor Walk 3:30 pm Sing-a-long 3:45 pm Noodle Throw training</p>						<p>9:00 am Sing-a-Long 9:20 am Coffee Chat 9:30 am Sitting Aerobics 9:35 am Brain Power 10:15 am Sitting Yoga 10:45 am Free Throw training 12:30 pm Peg Stacker Game 1:15 pm Nickel Bingo 1:45 pm Outdoor Walk 2:30 pm Nickel Bingo</p>						<p>9:00 am Country Ride 9:20 am Coffee Chat 9:30 am Parachute 10:00 am 99 CENT ST-ORE 10:30 am Corn Hole 10:20 am Mental Stimulation 12:45 pm Nickel Bingo 1:45 pm Outdoor Walk 2:00 pm Nickel Bingo 3:00 pm CINCO DE MAYO PARTY W/ ALVIN <small>Cinco de Mayo</small></p>						<p>NAT DAY OF PRAYER 6</p> <p>9:00 am Sing-a-Long 9:30 am Sitting Aerobics 9:35 am Exercise w/ Kathy 10:15 am Memory Game 10:45 am Jigsaw Puzzles training 12:45 am Beverly Hillbillies 1:30 pm Nickle Bingo 2:00 pm Color Creations 2:30 pm Nickle Bingo 4:00 pm Bible Study w/Sheila</p>						<p>9:00 am Praise & Joy Sing-a-Long 9:20 am Coffee Chat 9:30 am Parachute 10:00 am Medal Craft 10:20 am Brain Work 10:45 am Water Balloon training 12:45 pm Color Creations 1:15 pm Nickel Bingo 1:45 pm Outdoor Walk 2:30 pm Nickel Bingo 2:45 pm Reminiscence</p>						<p>NO SOCKS DAY 8</p> <p>9:00 am Arm Chair Travel 9:30 am Coffee Chat 9:30 am Parachute 10:15 am Sitting Aerobics 10:20 am Haley's Choice 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 1:45 pm Balloon Volleyball 2:30 pm Nickel Bingo 3:30 pm Sing-a-Long</p>					
<p>9:00 am Church Services 9:30 am Coffee Chat 10:00 am Church Services 10:20 am Easy-Does-it-Trivia 10:45 am May Trivia 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Sing-a-long 3:30 pm Bowling 3:45 pm Balloon Volleyball</p>						<p>9:20 am Coffee Chat/Olympic Trivia 9:00 am PS Walking Club 9:20 am Coffee Chat 9:30 am Puzzles 10:20 am Mental Stimulation 10:45 am Wii Bowling 12:45 pm Chicken Soup for the Soul 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Outdoor Walk 3:45 pm Noodle Throw training</p>						<p>EAT WHAT YOU WANT DAY 11</p> <p>9:00 am Sitting Yoga 9:00 am Coffee Chat 9:35 am Mental Stimulation 10:30 am CHAT W/ KATHLEEN 12:45 pm Sing-a-long 1:15 pm Nickel Bingo 1:45 pm Outdoor Walk 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:45 am Free Throw training</p>						<p>9:00 am Country Ride 9:20 am Coffee Chat 9:30 am Sitting Yoga 10:15 am Brain Work 10:30 am Corn Hole 10:40 am RED LOBSTER 12:45 pm Peg Stacker Game 1:15 pm Nickel Bingo 1:45 pm Outdoor Walk 2:30 pm Nickel Bingo 3:45 pm Balloon Volleyball</p>						<p>NAT APPLE PIE DAY 13</p> <p>9:00 am Sing-a-Long 9:30 am Sitting Aerobics 9:35 am Exercise w/ Kathy 10:20 am Color Creations 10:45 am Putting Green training 12:45 pm Balloon Volleyball 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 3:45 pm Balloon Volleyball</p>						<p>9:00 am Sitting Yoga 9:20 am Coffee Chat 9:30 am Praise & Joy Sing-a-Long 9:30 am Nickel Bingo 10:20 am Mental Stimulation 10:45 am Nickel Bingo 1:00 pm SENIOR GAMES 3:00 pm CELEBRATION W/ DJ NOEL</p>						<p>9:00 am Nature Video 9:30 am Coffee Chat 9:30 am Memory Game 10:15 am Sitting Aerobics 10:20 am Chicken Soup for the Soul 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 1:45 pm Balloon Volleyball 2:30 pm Nickel Bingo 2:45 pm Color Creations 3:30 pm Sing-a-Long</p>					
<p>9:00 am Church Services 9:30 am Coffee Chat 10:00 am Church Services 10:20 am Basketball 10:50 am Hangman 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:30 pm Memory Game 3:45 pm Balloon Volleyball</p>						<p>9:00 am PS Walking Club 9:20 am Coffee Chat 9:30 am Color Creations 10:20 am Brain Work 10:45 am Wii Bowling 12:45 pm Chicken Soup for the Soul 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Outdoor Walk 3:15 pm MUSIC W/ THE OVERSTREETS</p>						<p>9:00 am Coffee Chat 9:35 am Brain Power 10:15 pm Sitting Yoga 10:45 am Basketball 12:45 pm Chicken Soup for the Soul 1:15 pm Nickel Bingo 1:45 pm Balloon Volleyball 2:15 pm Nickel Bingo 3:30 pm Puzzles 3:45 pm Balloon Volleyball 6:00 pm Movie Night</p>						<p>NAT DEVIL'S FOOD CAKE DAY 19</p> <p>9:00 am Country Ride 9:20 am Coffee Chat 10:20 am Mental Stimulation 10:00 am TARGET 10:30 am Corn Hole 1:15 pm Nickel Bingo 1:45 pm Outdoor Walk 2:30 pm Nickel Bingo 2:45 pm Memory game 3:15 pm Bingo</p>						<p>9:30 am Sitting Aerobics 9:35 am Exercise w/ Kathy 10:20 am Color Creations 10:45 am Putting Green training 12:45 pm Sing-a-Long 1:15 pm Nickel Bingo 1:30 pm Balloon Volleyball 2:30 pm Nickel Bingo 2:45 pm Memory Game 3:45 pm Balloon Volleyball</p>						<p>NAT BIKE TO WORK DAY 21</p> <p>9:00 am Sitting Yoga 9:30 am Praise & Joy Sing-a-Long 9:30 am Nickel Bingo 10:20 am Mental Stimulation 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Outdoor Walk 3:30 pm HAPPY HOUR</p>						<p>NAT VANILLA PUDDING DAY 22</p> <p>9:00 am Arm Chair Travel 9:30 am Coffee Chat 10:15 am Sitting Aerobics 10:20 am Haley's Choice 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 1:30 pm Parachute 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:30 pm Color Creations</p>					
<p>9:00 am Church Services 9:30 am Coffee Chat 10:00 am Church Services 10:20 am Easy-does-it-Trivia 10:50 am Hangman 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Bingo 3:30 pm Peg Stacker Game 3:45 pm Balloon Volleyball</p>						<p>FUNDRAISER FOR PALS WEEK 24</p> <p>9:00 am PS Walking Club 9:00 am Color Creations 9:20 am Coffee Chat 10:20 am Brain Work 10:30 am CHEF CHAT W/ TONY 12:45 pm Sing-a-Long 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Outdoor Walk 3:45 pm Balloon Volleyball</p>						<p>9:00 am Chicken Soup for the Soul 9:00 am Coffee Chat 9:35 am Brain Power 10:15 pm Sitting Yoga 10:45 am Basketball 12:45 pm Ozzie and Harriet 1:15 pm Nickel Bingo 1:45 pm Balloon Volleyball 2:15 pm Nickel Bingo 2:30 pm Nickel Bingo 3:45 pm Balloon Volleyball</p>						<p>NAT CHERRY DESERT DAY 26</p> <p>9:00 am Country Ride 9:20 am Coffee Chat 10:20 am Reminiscence 11:00 AM CITY SPORTS RESTAURANT 12:45 pm Chicken Soup for the Soul 1:15 pm Nickel Bingo 1:45 pm Outdoor Walk 2:00 pm Nickel Bingo 3:00 pm MUSIC W/ AL</p>						<p>9:00 am Puzzles 9:30 am Sitting Aerobics 9:35 am Exercise w/ Kathy 10:15 am Memory Game 10:45 am Putting Green 12:45 am Musical 1:30 pm Nickle Bingo 1:45 pm Color Creations 2:30 pm Nickle Bingo 3:30 pm Color Creations</p>						<p>9:00 am Praise & Joy Sing-a-Long 9:20 am Coffee Chat 9:30 am Parachute 10:15 am Sitting Whoga 10:20 am Brain Work 10:45 am Wii Bowling 12:45 pm Color Creations 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Outdoor Walk 3:30 pm HAPPY HOUR</p>						<p>9:00 am Sing-a-long 9:30 am Coffee Chat 10:15 am Sitting Aerobics 10:20 am Ring Toss 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 2:30 pm Nature Video 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:30 pm Puzzles</p>					
<p>9:00 am Church Services 9:30 am Coffee Chat 10:00 am Church Services 10:20 am Haley's Choice 12:20 pm Outdoor Walk 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Balloon Volleyball 3:30 pm Golden Girls 3:45 pm Balloon Volleyball</p>						<p>9:00 am PS Walking Club 9:20 am Coffee Chat/Memorial Day Trivia 9:30 am Chicken Soup for the Soul 10:20 am Brain Work 10:45 am Wii Bowling 1:15 pm Nickel Bingo 2:30 pm Nickel Bingo 2:45 pm Outdoor Walk 3:30 pm Sing-a-long 3:45 pm Balloon Volleyball</p>						<p></p>						<p></p>																							

ACTIVITIES SUBJECT TO CHANGE